For the third year, we are proud to be offering seminar options for skaters, coaches, and parents, included in the registration fee.
This event is a standard U.S. Figure Skating Nonqualifying Competition sanctioned by US Figure Skating #28699 and Skate Canada #__________________.

46th Annual
Howard E. Van Camp Invitational Competition
Lansing Skating Club
March 13-15, 2020
www.lansingskatingclub.com

The 2020 Howard E. Van Camp Invitational Competition is a non-qualifying competition and will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website. The competition events are standard U.S. Figure Skating Non-Qualifying Competition events, except where otherwise indicated. The Chief Referee is Barry Doren.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION:

We are honored that the Howard E. Van Camp Invitational has be selected as a Designated Competition for the 2020 Excel Series and the 2020 National Solo Dance Series. Registration for the Excel Series is available by following this link: 2020 Excel Series Registration. Registration for the National Solo Dance Series is available by following this link: 2020 Solo Dance Series Registration. Please refer to the US Figure Skating Website for all current series information.

2020 Excel Series Handbook
2020 Solo Dance Series Handbook

ELIGIBILITY/TEST LEVEL:
Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher. The Open Couples/Pro-Am Pattern Dance events are open to all competitors and do not have any test requirements.
**Age restrictions/requirements:** Skaters entering Juvenile free skate (Well Balanced Program) events: girls must be 12 years of age or younger, and boys must be 13 or younger, as of the close of entries. Skaters entering Open Juvenile free skate (Well Balanced Program) events must be 13 years of age or older for girls and 14 or older for boys at the close of entries. Note: Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**FACILITIES:** The competition will be held at Suburban Ice East Lansing, 2810 Hannah Blvd., East Lansing, Michigan 48823. The facility has two 85’x200’ ice surfaces. Ample parking is available. A concession stand, vending machines, and an ATM are available.

**LOCKER ROOM and CHANGING FACILITIES:** Clubs will be assigned locker rooms. This event will follow the Locker Rooms and Changing Area policy included in the SafeSport Handbook.

**ENTRIES:**
Registration will be handled through Entryeeze at: [www.entryeeze.com](http://www.entryeeze.com). Online entries and payment must be completed by **February 14, 2020, 12 midnight ET**. Late entries after the February 14th deadline may be accepted at the discretion of the LOC, but will incur an additional **$20 late fee**.

Any change to the skating level or event after the entry deadline will be charged a **$20 administrative fee per event changed**, with no exceptions.

**FEES:** Entry fees are per person, per event, payable in U.S. dollars. Professionals skating in the Pro-Am dance events do not need to register or pay entry/practice ice fees.

- **First IJS Event** $135
- **Second IJS Event** $65
- **Combined Dance Event** $195
- **First 6.0 Event** $120
- **Second 6.0 Event** $60
- **Each Additional (IJS/6.0) Event** $25
- **First Compete USA Event** $60
- **Each Add’l Compete USA Event** $40
- **Late Entry Fee** $20
- **Change of Event Fee** $20 per event changed
- **Returned Check Fee** $35 for each returned check or contested credit card charge. Only cash, cashier’s check, or money order will be accepted for this fee.

* Payment of all fees will be required before the skater can participate in practice ice or events.

**REFUND POLICY:** Entry fees will not be refunded after the entry deadline of February 14, 2020 unless the event is cancelled. However, in the event no competition exists, a refund will be offered. Processing/administrative fees are not refundable. There will be no refunds for medical withdrawals.

**MUSIC:** Competitors must upload music electronically via the online registration system by the music deadline of **March 1, 2020**. A duplicate CD must be readily available rink side.

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This event is a standard U.S. Figure Skating Nonqualifying Competition sanctioned by US Figure Skating #28699 and Skate Canada #____________.
LIABILITY: U.S. Figure Skating, Lansing Skating Club, and Suburban Ice East Lansing accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:
The International Judging System (IJIS) will be used for the following events:
- EXCEL events (Preliminary Plus, Pre-juvenile Plus, Juvenile, Juvenile Plus, Intermediate, Intermediate Plus, Novice, Junior, and Senior)
- Well Balanced Program free skate events (preliminary, pre-juvenile, juvenile/open juvenile--senior, adult gold – masters)
- Short Program events, juvenile/open juvenile – senior
- Solo Dance Series events

All competitors skating in the IJS Events need to submit the planned program content form online via Entryeeze. This may be done at time of registration or later, but the deadline to submit the form is March 1, 2020.

The 6.0 Majority Judging System will be used for:
- EXCEL Events: Beginner, High Beginner, Pre-preliminary, Preliminary, and Pre-juvenile
- Well Balanced Program free skate events (No Test, Pre-preliminary)
- All specialty singles events (spins, jumps, compulsory moves, etc.)
- All Compete USA events
- All showcase events
- Pro-Am Pattern Dance and Couples Dance events
- Adult events, except for free skate gold – masters as noted above

CRITIQUES: Critiques will be available for Juvenile – Senior and Adult Gold - Masters IJS Free Skate events. A sign up and schedule will be posted at the Registration Desk.

TEST SESSION: A test session will be held in conjunction with this event if time allows. Information and registration will be posted on the Entryeeze registration site.

SCHEDULE OF EVENTS: Notification of competition times will be emailed by www.entryeeze.com to each skater. A competition schedule will also be posted at www.entryeeze.com. All times are approximate. Please check with the Registration Desk for changes.

REGISTRATION: The official Registration Desk will be located in the lobby between Rinks 1 and 2, at the skate rental desk. The Registration Desk will open one hour before the first event each day, and remain open until the last event of the day. Please register promptly upon arrival. Competitors must check in at the Registration Desk at least one hour before their event. All registration and any other applicable fees must be paid before the skater may be registered.

PRACTICE ICE: Practice ice will be offered at various times on all days of the competition. Practice ice may be purchased during the online registration process at www.entryeeze.com, before or during the competition at www.entryeeze.com, or at the Practice Ice Desk during the competition. Practice ice sessions are 20 minutes in duration at the discounted rate of $15 if purchased before March 10th. Effective March 10th, the rate will increase to $20 per 20 minute session. THERE IS NO REFUND FOR PRACTICE ICE SESSIONS, EVEN IF NOT USED.

A schedule of practice ice sessions will be published at www.entryeeze.com shortly after the competition schedule is published, along with the date/time when the practice ice reservation
system will be activated. To reserve your sessions online, you will log-on using your USFS number and the PIN number provided to you at the time of online reservation. Sessions may be designated by level and discipline if entries warrant. Music will not be played on practice ice.

**PHOTOGRAPHY/VIDEOGRAPHY:** Professional photography and video will be available for purchase through KrPhotogs for events with music.

**AWARDS:** Medals will be awarded for 1st – 3rd places. Ribbons will be given for 4th – 10th places. Presentation of medals will take place in the lobby immediately following the posting of each event’s results, with opportunities for group and individual photo sessions. Ribbons will be distributed at the Registration Desk.

**OFFICIAL NOTICES:** Official notices will be posted outside the Registration Desk. It is the responsibility of each competitor, parent and coach to check for notices frequently for any schedule changes and/or additional information.

**TEST CREDIT:** Skaters that meet the requirements for test credit will be able to pick up necessary forms at the Registration Desk. A fee of $5 will be charged for test protocols. **Note that due to incompatibility in program components, Excel free skate IJS protocols are not eligible for test credit.**

**IMPORTANT NOTICE FOR ALL COACHES:**
To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the following requirements:

**Coaching U.S. Figure Skating athletes:**
- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2019-20 Competition Season
- Proof of current general liability insurance with limits of $1 million per occurrence/$5 million aggregate.

**Coaching Compete USA athletes:**
- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons. The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy. For more information regarding Coach Compliance, please visit: [Compliance for Coaches](#)

**CONTACT INFO:** If you have questions regarding the competition or practice ice, please contact Van Camp Co-Chair Jenifer VanZanten at vanzanten5@att.net.

This event is a standard U.S. Figure Skating Nonqualifying Competition sanctioned by US Figure Skating #28699 and Skate Canada #________________.
FREE SKATE & SHORT PROGRAM SINGLES
COMPETE USA (Snowplow Sam – Free Skate 6) Program with Music
2020 Excel Free Skate Requirements
2019-2020 Singles Short Program Elements for Juvenile through Senior
2019-2020 Singles Free Skate Elements for No Test through Senior

COMPULSORY MOVES – SINGLES
Snowplow Sam - Free Skate 6 Compulsory
- Snowplow Sam through Basic 6 is Referee Drive.
Excel Compulsory (Excel Beginner - Excel Preliminary)
Compulsory Moves (No Test - Senior)

SPECIALITY EVENTS - SINGLES
Jumps Challenge
Moves in the Field
Spins Challenge
Step Sequences

ADULT EVENTS
Adult 1-6 Program with music
Adult Introductory Free Skate Beginner and High Beginner
2019-20 Adult Singles Elements
Adult Jumps Challenge
Adult Spins Challenge
Adult Moves in the Field
Adult Step Sequences
2019-20 Adult Solo Free Dance Elements
Adult Solo Pattern Dance

SHOWCASE EVENTS
Showcase Events - Dramatic Entertainment Events
Showcase Events - Light Entertainment Events
Showcase: Interpretive Events

Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee. All competitors in an event will interpret the same music. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater’s interpretation of the music, rather than technical elements.

- This procedure differs from the USFS standard announcement.
- During warm-up, skaters will listen to the selected music twice.
- Following the warm-up, all skaters except for the first skater will be escorted to a soundproof area of the arena.
- The first skater will hear the music one more time and then perform a program to the music.
- As each skater performs, the next skater in the skating order will be brought back to rink side and allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater.
- Props will not be permitted.

During this event, no instruction is allowed from coaches, parents, or fellow skaters. The staging area must be kept clear except for the monitor and the listening competitor.

Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org under “Programs” on the National Showcase page.

<table>
<thead>
<tr>
<th>Level</th>
<th>Program Duration</th>
<th>Test Requirements (Free Skate or Free Dance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-juvenile and below</td>
<td>1:30 maximum</td>
<td>Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.</td>
</tr>
<tr>
<td>Juvenile - novice</td>
<td>1:30 maximum</td>
<td>Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.</td>
</tr>
<tr>
<td>Junior and senior</td>
<td>1:30 maximum</td>
<td>Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.</td>
</tr>
<tr>
<td>Teen and young adult</td>
<td>1:30 maximum</td>
<td>Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.</td>
</tr>
<tr>
<td>All adult events</td>
<td>1:30 maximum</td>
<td>Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.</td>
</tr>
</tbody>
</table>
## “Open” Couples/Pro-Am Pattern Dances

**General event parameters:**
1. The “Open” Couples/Pro-Am Pattern Dances are open to all skaters and do not have any test requirements.
2. “Open” means any male/female dance couple. Competitive dance teams are encouraged to compete, as well as adult dance teams and Professional Skaters with their students (Pro-Am).
3. Number of patterns skated will be the number used for Testing (NOT Competition) **Rule 8226**.
4. Each individual dance is a separate event.
5. If entries warrant, events may be divided by age.
6. Couples may provide their own music for each dance following USFS’s Skater’s Choice guidelines. Chosen music may be +/- 2 beats/minute from the tempo stated in the dance description. May include vocals. If couples do not wish to provide their own music, traditional dance music will be provided.

<table>
<thead>
<tr>
<th>Level</th>
<th>Dances</th>
<th>Level</th>
<th>Dances</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preliminary</td>
<td>Canasta Tango</td>
<td>Silver</td>
<td>Tango Rocker Foxtrot</td>
</tr>
<tr>
<td></td>
<td>Rhythm Blues</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pre-Bronze</td>
<td>Cha Cha</td>
<td>Pre-Gold</td>
<td>Paso Doble Blues</td>
</tr>
<tr>
<td></td>
<td>Swing Dance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bronze</td>
<td>Willow Waltz</td>
<td>Gold</td>
<td>Quickstep Viennese Waltz</td>
</tr>
<tr>
<td></td>
<td>Ten Fox</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pre-Silver</td>
<td>Fourteenstep European Waltz</td>
<td>International</td>
<td>Rhumba Silver Samba</td>
</tr>
</tbody>
</table>

## Level Dances

<table>
<thead>
<tr>
<th>Preliminary</th>
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<th>Rhythm Blues</th>
<th>Silver</th>
<th>Tango Rocker Foxtrot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Bronze</td>
<td>Cha Cha</td>
<td>Swing Dance</td>
<td>Pre-Gold</td>
<td>Paso Doble Blues</td>
</tr>
<tr>
<td>Bronze</td>
<td>Willow Waltz</td>
<td>Ten Fox</td>
<td>Gold</td>
<td>Quickstep Viennese Waltz</td>
</tr>
<tr>
<td>Pre-Silver</td>
<td>Fourteenstep</td>
<td>European Waltz</td>
<td>International</td>
<td>Rhumba Silver Samba</td>
</tr>
</tbody>
</table>

**PLEASE SUBMIT YOUR PARTNER’S NAME OR PRO NAME IN THE “PARTNER NAME” BOX DURING REGISTRATION. BOTH PARTNERS (EXCEPT PROS) MUST SUBMIT ENTRIES AND PAY THE EVENT FEE. IF SKATING WITH A PRO, THE PRO DOES NOT NEED TO REGISTER OR PAY AN ENTRY FEE.**
2020 U.S. Figure Skating Solo Dance Series Events
The Howard E. Van Camp Invitational Competition is a participating competition within the 2020 Solo Dance Series.

The solo pattern dance event, combined event, and shadow dance event are being offered as part of the 2020 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2020 Solo Dance Series Handbook found here: 2020 SDS Handbook. Please refer to the 2020 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition.

All music for Solo Dance Series events is Skater’s Choice. Each skater must upload a piece of music for each event, even if using a track from the USFS SDS music webpage, and also have a labeled backup CD. In the event a skater fails to upload their pattern dance music by the music upload deadline in the announcement, the LOC may select one of the appropriate tracks (not the Warm Up track) from those available on the USFS SDS music webpage for the pattern dance to be competed. Please note: Earbuds and wireless headphones will not be allowed on any practice sessions or warm-ups associated with any Solo Series competition.

All Solo Dance events are open to all skaters regardless of entry into the Solo Dance Series.

**Solo Pattern Dance Event:**
The solo pattern dance event is comprised of two pattern dances at each level. The specific dances for the Howard E. Van Camp Invitational Competition are listed below. The results from both dances will be combined to create a final score and overall result. Points will be awarded to each skater based on the skater’s combined overall placement of the two pattern dances. The following Solo Pattern Dance Events will be offered:

<table>
<thead>
<tr>
<th>Level</th>
<th>Test Requirements</th>
<th>Dances (number of sequences to be skated)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preliminary</td>
<td>No test or passed preliminary</td>
<td>Dutch Waltz (3 sequences) Canasta Tango (3 sequences)</td>
</tr>
<tr>
<td>Pre-Bronze</td>
<td>Passed preliminary or pre-bronze</td>
<td>Cha Cha (3 sequences) Fiesta Tango (3 sequences)</td>
</tr>
<tr>
<td>Bronze</td>
<td>Passed pre-bronze or bronze</td>
<td>Hickory Hoedown (3 sequences) Ten Fox (3 sequences)</td>
</tr>
<tr>
<td>Pre-Silver</td>
<td>Passed bronze or pre-silver</td>
<td>Fourteenstep (4 sequences) European Waltz (2 sequences)</td>
</tr>
<tr>
<td>Silver</td>
<td>Passed pre-silver or silver</td>
<td>American Waltz (2 sequences) Tango (2 sequences)</td>
</tr>
<tr>
<td>Pre-Gold</td>
<td>Passed silver or pre-gold</td>
<td>Blues (3 sequences) Paso Doble (3 sequences)</td>
</tr>
<tr>
<td>Gold</td>
<td>Passed pre-gold or gold</td>
<td>Quickstep (3 sequences) Argentine Tango (2 sequences)</td>
</tr>
<tr>
<td>International</td>
<td>Passed gold or international</td>
<td>Silver Samba (2 sequences) Midnight Blues (2 sequences)</td>
</tr>
</tbody>
</table>

This event is a standard U.S. Figure Skating Nonqualifying Competition sanctioned by US Figure Skating #28699 and Skate Canada #____________________.
Combined Event:
The combined dance event is comprised of the following two segments (as applicable by level):

1.) **Juvenile**: Fiesta Tango
    **Intermediate**: Fourteenstep
    **Novice**: American Waltz

2020 Solo Dance Rhythm Dance Pattern Dance Elements:
**Junior**: Tea Time Foxtrot
**Senior**: Finnstep

2.) **Juvenile through Senior**: One solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. The points awarded in the combined event will be based upon the skater’s **combined overall point total** from the pattern or rhythm dance (depending on the level entered) and the free dance.

Shadow Dance Event:
The shadow pattern dance event is comprised of one pattern dance at each level. A team may be comprised of two females, two males or one female and one male. In any case, the steps skated shall be the lady’s steps as specified in the 2020 U.S. Figure Skating Rulebook. Points will be awarded to each team based upon the team’s final placement of the pattern dance. The following levels will be offered:

<table>
<thead>
<tr>
<th>Level</th>
<th>Test Requirements</th>
<th>Dance (number of sequences to be skated)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preliminary</td>
<td>One partner must not have passed higher than the complete preliminary dance test.</td>
<td>Rhythm Blues (3 sequences)</td>
</tr>
<tr>
<td>Pre-Bronze</td>
<td>One partner must not have passed higher than the complete pre-bronze dance test.</td>
<td>Fiesta Tango (3 sequences)</td>
</tr>
<tr>
<td>Bronze</td>
<td>One partner must not have passed higher than the complete bronze dance test.</td>
<td>Willow Waltz (3 sequences)</td>
</tr>
<tr>
<td>Pre-Silver</td>
<td>One partner must not have passed higher than the complete pre-silver dance test.</td>
<td>Foxtrot (3 sequences)</td>
</tr>
<tr>
<td>Silver</td>
<td>One partner must not have passed higher than the complete silver dance test.</td>
<td>American Waltz (2 sequences)</td>
</tr>
<tr>
<td>Pre-Gold</td>
<td>One partner must not have passed higher than the complete pre-gold dance test.</td>
<td>Blues (3 sequences)</td>
</tr>
<tr>
<td>Gold/International</td>
<td>Open.</td>
<td>Quickstep (3 sequences)</td>
</tr>
</tbody>
</table>
Lansing Area Hotels

Rooms have been blocked at the following area hotels in conjunction with the 2020 Howard E. Van Camp Competition for the March 13-15, 2020 dates. Group block cut-off date is ten (10) days before the first day of the competition. When making your reservation, please use the online link or indicate your affiliation with the Lansing Skating Club/Van Camp Competition to obtain these nightly rates while room availability exists. Reservations must be cancelled 24 hours before the day of arrival to avoid a cancellation penalty.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Standard Rate</th>
<th>Suite Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Best Western Okemos/E.Lansing Hotel &amp; Suites</strong></td>
<td>2209 University Park Drive, Okemos, MI 48864</td>
<td>(517) 349-8700</td>
<td>$92 plus tax/night</td>
<td>$127 plus tax/night</td>
</tr>
<tr>
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<tr>
<td><strong>Holiday Inn Express and Suites – Okemos</strong></td>
<td>2350 Jolly Oak Rd, Okemos, MI 48864</td>
<td>(517) 999-8700</td>
<td>$99 plus tax/night</td>
<td></td>
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<tr>
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</tr>
<tr>
<td><strong>Comfort Inn – Okemos/East Lansing</strong></td>
<td>2187 University Park Drive, Okemos, MI 48864</td>
<td>(517) 347-6690</td>
<td>$87 plus tax/night</td>
<td></td>
</tr>
</tbody>
</table>